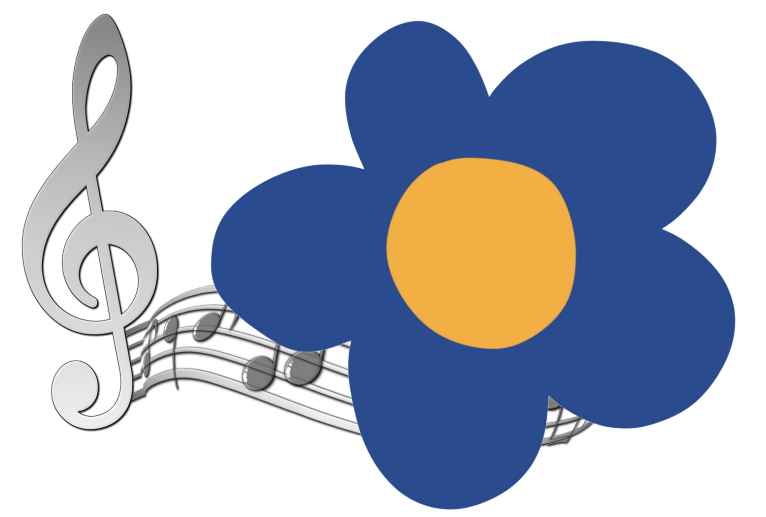


Tenterden



TENTERDEN MEMORY CAFE

St Andrews Parish Hall, Ashford Road, Tenterden.
Every Friday 2-4pm. An informal setting for people with short term memory loss or dementia, their family, friends & carers to meet in an informal setting for tea and cake

MUSICAL MEMORIES

Highbury Hall, Highbury Lane, Tenterden. Every Tuesday 10.45am-12 noon. Come and sing! Not only will it be good fun, but singing is scientifically proven to promote good health and a feel-good factor. Refreshments will be provided

LUNCH CLUB - 4TH WEDNESDAY

Little Silver Hotel, St Michaels, Tenterden. 12.30 for 1pm. The Memory Cafe group, the Musical Memories group, their family, friends & carers meet for lunch on the 4th Wednesday of the month

FOR FURTHER INFORMATION

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Every Friday: Memory Cafe

Every Tuesday: Musical Memories

4th Wed: Monthly lunches