



Tenterden High Street - the NOTICE BOARD outside of WH Smith has information to help with the Cost of Living crisis. Also the TOWN HALL has a folder in the foyer for the use of Tenterden residents. Please pass onto folks not on Face Book if you think this might be helpful to them.

<https://www.facebook.com/tenterdencostoflivinghelp>

Share the Warmth

<https://www.kenthousinggroup.org.uk/share-the-warmth/>

There may be some useful tips here which will help to save money on the bills. The link below will take you through FIVE simple steps to keep warm but pay less. If you know anyone else who is worried about their bills, please share this help with them.



Paying your energy bills

Who gets what?

£400



Everybody

Every household will get £400 off their energy bills. It will be credited to customer accounts from October, spread over six months. People with second homes get two payments.

£650



Most vulnerable

More than eight million households on means-tested benefits will also be sent cash payments of £650, paid in two instalments. The first in July and the second in the autumn.

£300



Pensioners

A cost of living payment of £300 will go to every pensioner household in receipt of Winter Fuel Payments. This will be paid in November or December.

£150



Disabled

The nearly six million people who receive disability payments - including Personal Independence Payments, Disability Living Allowance and Attendance Allowance - will get an additional £150 from the Department for Work and Pensions. This will be paid in September.

GRAPHIC: MARK HALL

There are grants and payments to help families pay their energy bills. The table here shows in general what the payments are, and what households will get them. To find out more about your own situation, visit:

[Grants and benefits to help you pay your energy bills - Citizens Advice](#)

Please be aware there are online **SCAMS** around, which target people looking for these benefits. Check out your suspicions here:

<https://www.citizensadvice.org.uk/consumer/scams/check-if-something-might-be-a-scam/>

For further information, email: cll.mills@tenterdentowncouncil.gov.uk